June 14, 2020

Dear Contra Costa municipal partners:

A multiple day heat wave will send temperatures in East and Central County into the upper 90s through mid-100s through at least Saturday of this week.

The National Weather Service has issued an excessive heat watch for the Carquinez Strait and Delta region beginning today and extending through 8 p.m. Saturday, June 19.

We encourage cities and special districts in Contra Costa County to consider opening public spaces to stay cool, and to let us know if you plan to do so by emailing doc.pio@cchealth.org so we can help get the word.

An ideal place for a cooling site is indoors with climate control, access to drinking water and staff supervision.

To reduce the risk of COVID-19 transmission to visitors, staff and/or volunteers, the California Department of Public Health recommends:

- Providing symptom screening for all visitors, including any volunteers, vendors, contractors, or other workers entering the space. All staff should be screened for symptoms at the beginning of their shift.
- If possible, provide alternative cooling sites for those showing symptoms of COVID-19 (e.g., fever, cough, shortness of breath). This may be separate rooms within Cooling Centers or a space that can be used to accommodate visitors with symptoms and separate them from others.
- Consider creating spaces for individual family units (families who live together do not need to maintain physical distancing in a Cooling Center).
- Visitors and staff should follow CDPH Face Coverings Guidance while in the Center. The Center is encouraged to have a supply of face coverings to distribute to anyone who arrives without one. Face coverings must not be shared.
- Have supplies on hand for staff, volunteers, and visitors, such as soap, alcohol-based hand sanitizers that contain at least 60% alcohol, tissues, and trash baskets.
- Follow the Centers for Disease Control and Prevention (CDC) cleaning and disinfection guidelines for community facilities, and cleaning facilities if someone is sick.
- Read the full state guidance for opening places to stay cool here: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/GuidanceforCoolingCenters.aspx and guidance from the Centers for Disease Control & Prevention here.

Thank you,

Chris Farnitano, MD
Health Officer for Contra Costa County